



NJCBW UPDATE

December 2009

Message from the Executive Director

My first month with NJCBW has been exciting and busy! I've been learning about all the wonderful work that you, our members, do and about all the great work the Coalition is doing to improve response to and, hopefully, prevent intimate partner violence.

I've had the opportunity to meet with each NJCBW staff member to learn about them personally and all the projects in which they are involved and engaged. I am very pleased to be working with a cadre of extremely bright, creative and dedicated women. They care about their work and it shows!

I want to thank all of you for your welcome and good thoughts. I'm looking forward to spending time with each program to see your facilities and meet your staff. I would also like to thank Barbara Price for easing the transition. She was a good teacher and I learned a lot in our time together.

Save the Date!

NJCBW Annual Dinner

It's that time again! The annual dinner will be held on Thursday, March 25, 2010 at the Holiday Inn in Somerset, NJ. More details will be available by the 1/2010 NJCBW Membership Meeting.

Action Alerts!

Oppose Restriction on Abortion Coverage by Private Health Insurance Plans

As you may know, the Stupak Amendment, which would prohibit abortion costs coverage by private insurance companies that receive any federal dollars (which most do), recently passed in the House. Senators Ben Nelson (D-NE) and Orrin Hatch (R-UT) are planning to introduce an amendment on the Senate floor that is nearly identical to the Stupak amendment, which goes

beyond the provisions of the Hyde Amendment and would effectively ban private health insurance coverage of abortion for millions of women.

Too frequently, one form of battering takes is frequent pregnancies – and the resultant inability for the survivor to leave the abusive relationship because of her responsibilities and concerns for her children.

Further, homicide is the leading cause of death, frequently at the hands of intimate partners, of pregnant women.

ACTION! Express Your Opposition!

- Call, write or visit New Jersey's Senators (*see list of Senators and Representatives on the last page of NJCBW Update*)
- Call or write Senators Nelson and Hatch
- Call or write the White House (President Obama has expressed concerns about the Stupak Amendment)

Reauthorize FVPSA!

A bill to reauthorize the Family Violence Prevention and Services Act (FVPSA) was introduced in the House of Representatives on November 19, 2009! NNEDV needs you to call your Representatives today and encourage them to co-sponsor this vital piece of legislation, H.R. 4116.

Background

FVPSA, the only source of federal funding dedicated to domestic violence shelters and programs is at the heart of our nation's response to domestic violence. FVPSA expired in 2008 and needs to be swiftly reauthorized and funded at \$250 million annually. During the economic downturn many domestic violence programs are struggling to meet the increased demand for life-saving services as their budgets are shrinking. The reauthorization of FVPSA offers victims hope and it will allow programs to continue to save lives and end the horrific cycle of violence. FVPSA is needed now more than ever!

Reauthorizing FVPSA will:

- Allow communities to continue to provide life-saving services to victims of domestic violence and their children including emergency shelters, crisis lines, counseling and advocacy;
- Help to meet the needs of underserved communities; and
- Help break the cycle of violence.

Take Action Now!

Call your Representatives today and let them know the importance of FVPSA's swift reauthorization. When victims who face life-threatening abuse reach out for help, we must make sure they can receive the support they need to be safe and secure.

NJCBW Project Updates

Allstate Moving Head Project

Ana Vega, NJCBW Economic Justice Coordinator will be conducting train the trainer sessions in the Allstate Moving Ahead Financial Management Curriculum for all Member Programs in December and through the first half of 2010.

The first two day training is scheduled for **12/7 and 12/8, 2009** at the Coalition site. Programs are encouraged to schedule staff to attend this valuable training. Program staff attending will receive trainer curriculums and curriculums for their clients. The Allstate Foundation has packaged the curriculums for survivors in a briefcase style portfolio which include calculators. The trainer curriculums, also packaged in portfolios, include two cds with Powerpoint Presentation, Curriculum Tools and Handouts, Certificates and documentary and video segments. Training and the curricula are free. To register or for questions, please e-mail Ana Vega at vega@njcbw.org.

No Wrong Door New Jersey

No Wrong Door New Jersey (NWDNJ) is a collaboration project dedicated to addressing the issue of violence against women with intellectual and developmental disabilities and/or mental illness. The partnership is comprised of The Arc of New Jersey (The Arc), the Mental Health Association in New Jersey (MHANJ), the New Jersey Coalition Against Sexual Assault (NJCASA), and the New Jersey Coalition for Battered Women (NJCBW).

Funding is provided through the Office of Violence Against Women.

The collaboration has selected two pilot sites: Mercer and Atlantic County. To develop a comprehensive strategic plan, we recently completed an extensive needs assessment speaking with a wide range of stakeholders. All of the interviews and focus groups were conducted over a 35-day period. Agencies participated from Atlantic and Morris Counties with 95 participants from Atlantic County and 93 participants from Morris County.

The No Wrong Door New Jersey Project team members would like to thank all those who participated in the needs assessment process. Their input is valuable to achieving the NWDNJ vision to ensure *that survivors of domestic and sexual violence with disabilities will be treated with dignity and respect through a seamless integrated system where they will receive timely, appropriate and sufficient services regardless of the door they enter.*

An executive summary of the findings will be available shortly.

If you have any questions regarding the project, please contact Sara Coracero, Project Coordinator, at Coracero@njcbw.org.

Dismantling Racism

NJCBW had the opportunity to bring presenters from Racial Equity Institute to NJCBW on November 2nd and 3rd for the first Dismantling Racism 101 workshop. This 2-day workshop is one of a series of workshops and meetings designed to help organizations and individuals build on their understanding of racism and the ways in which racism is manifested in the U.S. and within organizations.

A total of 22 participants including NJCBW staff, member programs and community partners attended. A second DR 101 workshop will be offered on **January 26-27, 2010**.

The second part of this process is the Anti-Racist Organizational Assessment. Although attendance at session two (AROD) is not required, you must attend DR 101 if you plan to attend the Anti-Racism Organizational Development (AROD) to be held on **March 2-3, 2010**. *Participation in this process will assist programs to meet goals of the Inclusion and Access Initiative and meet the requirements for the VAWA Cultural Competency Project.* Ideally a minimum of two or more people from a program should plan to come. Please contact Rose A. Williams at Williams@njcbw.org for more information.

DELTA PREP

We are pleased to announce that NJCBW is one of nineteen states which were recently awarded a DELTA PREP grant from the Robert Wood Johnson Foundation. The grants are administered by the Centers for Disease Control.

DELTA PREP is a three year grant cycle to build NJCBW's internal capacity to work on primary prevention of intimate partner violence with the possibility of becoming a DELTA project state (Domestic Violence Prevention Enhancement and Leadership Through Alliances). Fourteen state domestic violence coalitions currently have DELTA projects, which focus on a coordinated response to prevention in communities throughout their states.

A Prevention Team of NJCBW staff members Leslie Malkin, Ana Vega, Rose Williams, Lynda Carson and Linda Berger has been formed. We are now developing an Action Plan to be submitted to the CDC which details what goals we have and what steps are necessary to achieve those goals. There are six areas of organizational change: staffing, leadership, structures and processes, partnerships, resources, and member agencies.

One of the main goals we have for 2010 is to hold a retreat for staff and Board members to gain a clearer understanding of what constitutes primary prevention and how to build our internal capacity. Other goals include changing our website to add a section on primary prevention, providing trainings for member agencies through the Training Institute, and developing a concept paper on best practices for primary prevention. We will share what we learn with member agencies at Coalition meetings and in regular updates. For more information, please contact Leslie Malkin at Malkin@njcbw.org.

Inclusion and Access Initiative 2007-2009

Thanks to all of the 16 programs who completed the recent questionnaire on Survey Monkey related to your program's experiences during the past three years with the Inclusion and Access Initiative. Your feedback is crucial in helping us to provide more effective technical assistance to programs during Phase 2 of this initiative. A full evaluation report is being prepared by Sumayya Coleman, Technical Assistance Coordinator at the coalition. It is anticipated that the report will be available by the end of the year.

The Cultural Competency Committee, comprised of NJCBW member programs, Board,

staff and community partners will meet on December 17, 2009 to discuss the findings of the Evaluation Report and plan strategies to better implement Inclusion and Access Implementation Plan 2010-2013. We will keep you updated!

Human Trafficking Task Force

A new task force on Human Trafficking will meet for the second time on **January 7, 2010**, 10:00 a.m. in the NJCBW meeting room. This task force will be looking at enhancing the response of NJ domestic violence programs to victims of human trafficking.

Our first initiative will be a train-the-trainer (date TBA) designed to train two members of each program. The task force is open to new members, but we particularly need staff from our dual domestic violence/sexual assault programs.

For more information or to become involved, please email Lynda Carson: carson@njcbw.org.

Member Programs in the News

Maneesha Kelkar was invited on behalf of **Manavi** to attend the first State Dinner of the Obama White House on Tuesday, Nov 24. The event was held to honor Indian Prime Minister Manmohan Singh. According to Maneesha, it was a truly memorable experience that speaks volumes about the current administration -- that social justice organizations are included at the table. Following is a link to a story and pictures of the event.

<http://www.dailymail.co.uk/news/worldnews/article-1230760/Michelle-Obama-glitters-gold-White-House-throws-lavish-state-dinner-Indian-prime-minister.html>



Maneesha Kelkar speaking with the Governor of Massachusetts, Deval Patrick

UPCOMING TRAININGS

NOTE: Training Cancelled

The two-day Train-the-Trainer Workshop on Diversity Training Curriculum scheduled for 12/10 and 12/15 has been cancelled. Please check the website for a new date in 2010.

December 7-8, 2010

Allstate Training

Trainer: Ana Vega, NJCBW Economic Justice Coordinator

Staff will receive trainer curriculums and curriculums for their clients. Allstate Foundation has packaged the curriculums for the survivors in a briefcase style portfolio including calculator. The trainer curriculums also packaged in portfolios include two cds with Powerpoint Presentation, Curriculum Tools and Handouts, Certificates and documentary and video segments. Training and curriculum is free. Please register by e-mail to Ana Vega at vega@njcbw.org. Any questions please e-mail at same address.

December 9, 2009 10:00am – 1:00pm

Responding to Domestic Violence with Public Health

Trainer: Nicole Morella

Approximately one in three women will experience domestic violence in her lifetime. In addition to the impact of physical trauma, women with a lifetime history of domestic violence and children raised in violent households are more likely to experience a wide array of physical and mental health conditions. Public health is the science and art of preventing disease, prolonging life, and promoting health and efficiency through organized community effort. Through this workshop, participants will learn about the impact of domestic violence on an individual's health, the role public health plays in our communities, and how we can prevent domestic violence by implementing the public health model at the primary, secondary and tertiary levels through coordinated community efforts.

3 DVS Credits: Community Resources and Networking

\$10 program staff; \$35 non-program

December 16, 2009 10:00am – 4:00pm

From Persecution to Legal Limbo: Seeking Asylum in the U.S.

Trainer: Mary Kay Jo

Immigration issues are controversial and in the news on a daily basis, whether dealing with illegal or legal immigrants, refugees or asylum seekers. This workshop explores the international, social, political, and economic factors that lead people to leave their homelands. The

immigration experience, including culture shock, cultural adjustment, post-traumatic stress, grief and loss, will be discussed. The cultural challenges and intergenerational conflicts facing families when they arrive and try to adapt to life in the United States will be addressed. Culturally competent strategies social workers can use to assist will be integral to this workshop.

Participants will explore the ever-changing dimensions facing those who work with refugees and immigrants. According to the 2000 Census, New Jersey is the third most diverse state in the nation, and Hudson County is the second most diverse county, surpassed only by Queens, NY. Topics include: becoming a refugee, the international experience before arrival in the U.S. and the refugee experience. Special groups will be discussed including: victims of human trafficking, and asylum seekers.

5 DVS Credits: Special Populations

\$15 program staff; \$50 non-program staff

January 13, 2010 10:00am – 3:00pm

Family Dynamics in the Workplace

Trainer: Tracy Durkin

Based on work done by social and industrial psychologists, and from a systems perspective, we will explore how certain family patterns arise in work settings. Relationships with coworkers, supervisors, supervisees and clients can elicit strong emotional reactions which may actually be more related to our families of origin than to current relationships. In the domestic violence field, where workers often come from families where there has been violence, addiction, and other destructive behavior, it is particularly important to be self-aware. We each played roles in our families, and only some aspects of those roles may be appropriate to bring to our work lives. Participants will construct their own family genograms, or family trees, and begin to identify the family dynamics –some positive, some negative- which they may be playing out in the work setting. Participants will learn how to maximize awareness and preparedness for emotional triggers and to reduce reactivity to work situations. Strategies for positive change, focusing on oneself, will be a focus of the workshop.

4 DVS Credits Intervention Skills

\$15 program staff; \$50 non-program

January 20, 2009 10am to 12pm

January 20, 2010 10am to 12noon

New Jersey SHARES

Trainer: Dena Passero Shipley

New Jersey SHARES, Inc. is a non-profit organization designed to help New Jersey households that have fallen behind on their utility bills due to a temporary financial crisis. NJ SHARES provides relief to these people who are not eligible for other types of public assistance. The program typically serves working poor, middle and fixed income households since there are solutions available for the lowest income households as a result of Federal and State energy assistance program. At this training you will learn about services that may be available to your clients.

January 26-27, 2010 9:00 am-5:00 pm

Dismantling Racism 101

Trainers: Suzanne Plihcik and Deena Hayes, Racial Equity Institute

This workshop is designed to help participants understand the dynamics of racism, power, privilege, and oppression in the United States. It will help participants recognize how racism works on an institutional, social, and cultural basis, as well as on individual and organizational levels. It will help in the development of a common language and analysis from which the participants can work moving forward. It will help participants understand the relationship between racism in its contemporary forms, both institutional and cultural, and its relevance to domestic and sexual assault.

JANUARY 2010 MEETING SCHEDULE

Human Trafficking Meeting

Thursday, January 7, 2010 10:30am-1:00pm

Shelter Coordinators Meeting

Friday, January 8, 2010 10:00am-12 noon

Women of Color Task Force Meeting

Friday, January 8, 2010 10:00am-1:00pm

NJCBW Coalition Meeting

Thursday, January 14, 2010 10:30am-1:00pm

Legal Advocates Meeting

Friday, January 15, 2010 10:30am-3:00pm

DVRT Meeting

Monday, January 25, 2010 10:00am-12 noon

*Call the Meeting Cancellation Line to check for training and meeting cancellations:
609-584-8107, ext. 23*

Resources

National Latin@ Network for Healthy Families and Communities

Announcing the launch of the National Latin@ Network for Healthy Families and Communities! The network is the first of its kind to look holistically at Latin@ realities and recognize that domestic violence is one factor among many that influence the strength and well-being of Latin@s in the United States. It also represents a unique opportunity to connect grassroots with systemic efforts thereby building channels for Latin@ voices to inform decision-making at local, state and federal levels.

Individuals and organizations that join the National Latin@ Network for Healthy Families and Communities will receive a free copy of the most current fact sheet on Latin@s and domestic violence.

Don't miss our first event - **New Research: Latin@s and Domestic Violence** - a teleconference led by renowned psychologist, Julia Perilla, PhD, *December 17, 2009, 2-3:15pm, CST.*

If you can't make our first event, then join us for an exciting webinar, **Latin@s in Public Policy, January 21, 2010, 1-2:15pm, CST.** Rosie Hidalgo, JD, Casa de Esperanza's director of public policy, will lead a conversation on increasing participation of Latin@ organizations, service providers and educators.

To learn more, become a member, and register for any of the events, visit:

casadeesperanza.org/national-latino-network.

Casa de Esperanza has chosen to use "@" in place of the masculine "o" when referring to people or things that are either gender neutral or both masculine and feminine in make-up. This decision reflects our commitment to gender inclusion and recognizes the important contributions that both men and women make to our communities.

New Jersey Senators and Congressmen

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(click on link for contact information)

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